

Internship Program Report On

Name of Organization	:	Tapan Rehabilitation Society ,Pragya Institute For Education & Training of Differently Abled
Title of the Internship Programme	:	Skill Development Internship Programme
Start and End Date	:	10th July 2025
Of the Internship	:	13th August 2025
Venue	:	Offline in the Premises of Tapan Rehabilitation , Society, Pragya Institute for Education & Training of Differently abled
Number of Participants	:	90
Name of the Internship Coordinator	:	Mr. Shubham Sharma
Photos of the Program	:	

Guest Speakers

Internal Faculty/ External

- A) Dr. Ram Niwas
Prof Dep. of English
Kurukshetra University**
- B) Dr. Jyoti Gupta
IVF Specialist
Amritdhara Hospital, Karnal**
- C) Mrs. Suman, District Child
Protection Officer, karnal**
- D) Mrs. Seema, Women and
Child Development, Karnal**

**E) Dr. Sujata Sharma, Director
Tapan Rehabilitation Society, Karnal**

**F) Dr. Hawa Singh
Consultant Psychology
Dep. of Psychiatry
Civil Hospital, Karnal**

**G) Dr. Swatantra Jain
Retd Prof. Psychology Department
Kurukshetra University**

**H) Dr. Sushma Sharma
Prof. Department of Special Education
Kurukshetra University, Kurukshetra**

**I) Mr. Vivek Kumar Singh
(Assistant Professor)
Tapan Rehabilitation Society, Karnal**

J) Sh. ASI. Amrik singh
Police Station Nilokheri

K) Ms. Nandni
Special Educator
Tapan Rehabilitation Society, Karnal

L) Mrs. Neetu
Skill Development Officer
Tapan Rehabilitation Society, Karnal

M) Mr. Shubham
Skill Development Officer
Tapan Rehabilitation Society,

N) Mrs. Simran
Skill Development Officer
Tapan Rehabilitation Society, Karnal

Programme Contents:

- 1. Skill Development**
- 2. Personality Development**
- 3. Counseling and Psychology**
- 4. Disability (Special Education)**

Sub. Areas

1. Skill Development

- Computer Basic
- Beauty Culture and Tailoring
- Paper Recycling

Optional

2. Counseling & Psychology

- Categories of Counseling
- Career in Counseling
- Branches of Psychology

3. Personality Development

- Communication Skill
- Public Speaking
- Confidence Building

4. Disability Psychology (Special Education)

- Types of Disability
- Career in Rehabilitation Sector
- Special education

Participate Testimonials/Feedback:

Introduction:

The Internship programme on "Skill" was conducted with the objective of equipping Eldents with essential soft skills, communication techniques, professional etiquette, and confidence building strategies. This report summarizes the key activities, learning outcomes and feedback from the program.

Objective of the Program:

- To enhance communication and interpersonal skills.
- To develop time management and leadership qualities.
- To boost self-confidence and public speaking abilities
- To foster team spirit and collaboration
- To introduce students to different skills
- To improve emotional intelligence awareness of social

Programme Structure

The Program was structured into the following key modules:

a. Orientation Session:

- Introduction to the objectives of the internship.
- Ice-breaking and team building activities.

b. Communication Skills

- Verbs and non-verbal communication.
- Professional etiquettes and behaviour.
- Listening and Presentations.

c. Personality Development

- Growing and Body Language
- Self-awareness and confidence building exercises
- Overcoming stage feel and public speaking

d. Assertiveness and Self-defense

d. Time Management and Goal Setting

- Smart goal framework
- Prioritization and Productivity tools

e. Leadership and Teamwork

- Group project and role play activities.
- Conflict resolution and decision Making

f. Interview Skills and Resume Building

- Resume drafting workshops
- Mock interview sessions with feedback

g. Practical's

- Computer applications
- Beauty culture details
- Fashion designing

5. Activities and Methodologies:

- Interactive lectures and Presentation
- Group discussions and debates
- Role-plays and case-students
- Real Life Simulation tasks

6. Outcomes and learning Achievements

- Improved public speaking and communication confidence
- Enhanced self awareness and Personality traits.
- Better understanding of workplace behaviour and ethics.
- Social Security, Self defense, rights and duties
- Increased ability to work in team and lead groups.
- Preparedness for future endeavours

7. Feedback from Participants:

- Participants provided positive feedback, appreciating the interactive and the practical relevance of the sessions. Many students reported noticeable improvement in self-confidence, time management, self awareness and communication skills some of the feedback.
- The Internship gave me the confidence to speak in front of people and helped me understand how to present myself professionally.
- Internship programme was very good it gave us great opportunity to know the many things in society.
- Internship was very exhaustive we came to know of many things including Disability, Social Security and women rights.
- When I came here I was very shy but after this programme I become very confident and I also came to know of many job options and study options-
Thank you

- All staff was very co operative and supportive I want they add some more topics and it should be more than one month.

The internship programme on skills and personality development was a significant step toward preparing students for professional environments. It not only equipped them with essential self skills but also instilled confidence and a proactive attitude toward personal and care growth.